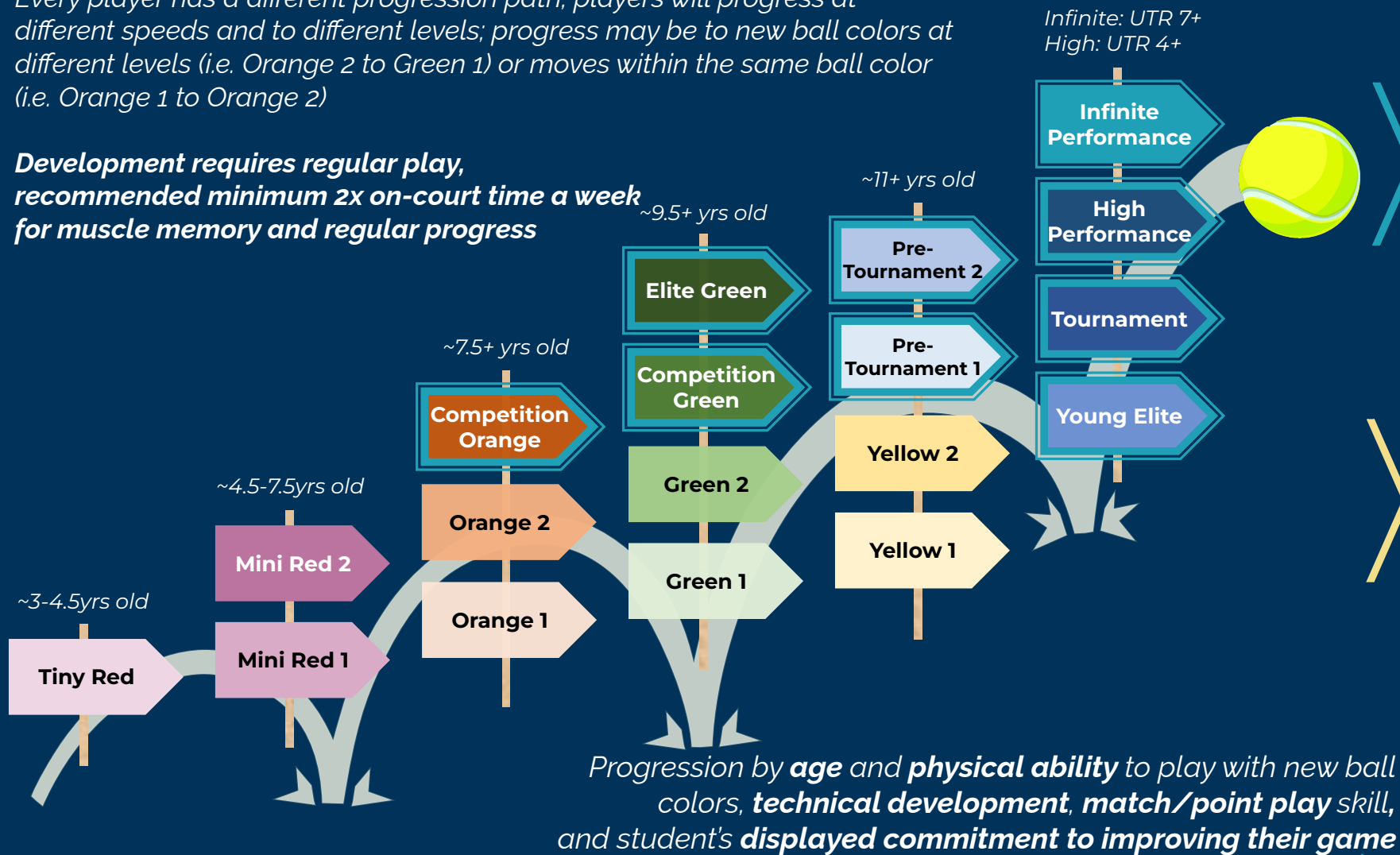




IFT Junior Academy Group levels and development journey

Every player has a different progression path, players will progress at different speeds and to different levels; progress may be to new ball colors at different levels (i.e. Orange 2 to Green 1) or moves within the same ball color (i.e. Orange 1 to Orange 2)

Development requires regular play, recommended minimum 2x on-court time a week for muscle memory and regular progress



Target player goals

IP → D1&2 College recruitment and professional tour ready

HP → College play ready

T → HS Varsity singles ready

PT → HS Varsity doubles ready

Y2 → HS JV team ready

Y1 → Enjoy recreational play

Competition playing levels:

Progression into competition groups require **displayed commitment and motivation from the player**

Not all players will progress to competitive play, and that is okay! IFT supports all players who display sportsmanship, respect, a willingness to learn, all while enjoying tennis.



Spring 2024 Junior Program Schedule (9 weeks | Saturday, Apr 6—Friday, Jun 7)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Tiny Red				6-6:30PM			
Mini Red 1	4-5PM	4-5PM 5-6PM	4-5PM	5-6PM	4-5PM		9-11AM
Mini Red 2	5-6PM		4-5PM	5-6PM			9-11AM
Orange 1	5-6PM	4-5PM 5-6PM	5-6PM	4-5PM	4-5PM 5-6PM		9-11AM
Orange 2	4-6PM	4-6PM		4-6PM	4-6PM	9-11AM	
Green 1	4-5PM		5-6PM		5-6PM		
Green 2	4-6PM		4-6PM	4-6PM	4-6PM	9-11AM	
Yellow 1	5-6PM	4-6PM	5-6PM				2-4PM
Yellow 2	6-8PM	6-8PM	4-6PM	6-8PM	4-6PM		2-4PM



Spring 2024 Junior Program Schedule (9 weeks | Saturday, Apr 6—Friday, Jun 7)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Competition Orange		4-6PM			4-6PM		
Competition Green		6-8PM	4-6PM	4-6PM *BTC	4-6PM		
Elite Green	6-8PM		6-8PM				
Young Elite		6-8PM		6-8PM*BTC			
Pre-Tournament 1	6-8PM			4-6PM *BTC	6-8PM		2-4PM
Pre-Tournament 2	6-8PM			4-6PM *BTC	6-8PM	3-5PM	
Tournament	6-8PM	6-8PM		6-8PM *BTC	6-8PM	3-5PM	4-6PM
High / Infinite Performance		6-8PM		6-8PM *BTC			4-6PM
Other		Fitness 8-8:30PM		Fitness 8-8:30PM *BTC	Fitness 8-8:30	UTR 5/6:15/7PM	Fitness 6-6:30PM

*Note: *BTC lessons at Bergenfield Tennis Club; Fitness at BTC will be for dates when sunlight hours allow, from May 8 onwards*



Spring 2024 Junior Program Schedule (9 weeks | Saturday, Apr 6—Friday, Jun 7)

Session fees

- **Tiny Red** - 30min lesson: \$270
- **Mini Red 1 / Mini Red 2 / Orange 1 / Green 1 / Yellow 1** - 1hr lesson: \$450
- **Mini Red 1 / Mini Red 2 / Orange 1 / Yellow 1** - 2hr lesson: \$810
- **Orange 2 / Competition Orange / Green 2 / Competition Green / Yellow 2**
 - 1st weekly lesson: \$873, 2nd+ lesson: \$810
 - Includes 2 'play days' to practice match play, preliminary schedule Sat, 5-7PM on 4/27 and 5/25
- **Elite Green / Young Elite / Pre-Tournament / Tournament / High Performance**
 - 1st lesson: \$936, 2nd+ lesson: \$810
 - Includes 2 UTR matches and anytime fitness

Discounts

- *7% off on full session junior lesson fees for families with **3x junior group** lessons a week (excl. Tiny Red)*
- *+3% off on all full session lesson fees for cash / check / Zelle payments*

Policies

- Up to 2 makeups for missed lessons with at least 24 hours prior notice of absence or illness, taken during the session
- No makeups are guaranteed, we try our best to offer makeup dates, however sometimes schedules don't allow for all makeups to be taken
- Credits, refunds, and carryovers (lessons, UTR, play days, or fitness) to other sessions not possible